

CREATE



CASE STUDY
Energy Awareness training for Leisure Centre Managers

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As part of its education and training programme, CREATE offers energy awareness training to businesses. These training sessions are designed:

- To raise staff awareness of how energy is used in the workplace and how they can help reduce costs by using energy wisely
- To increase awareness amongst staff of how they can be more energy efficient in their own home

Tameside Sports Trust

Thameside Sports Trust were keen to raise awareness of energy efficiency amongst their staff and to set up environmental teams at each site, led by a manager with responsibility to ensure good practice was adopted.

CREATE designed and delivered a series of energy awareness sessions for managers of the Tameside Sports Trust. These managers were in charge of swimming pools, leisure centres and sports halls.

The sessions used an actual building as an example and included an energy audit with the managers as part of the training. From this audit, managers were able to recognise good practice and identify appropriate action.

During the half-day sessions, managers explored how they could reduce energy in their own workplace using light meters and energy meters and found some amazing discoveries:

- If they changed four 100w bulbs lighting the vending machine area to 20 watt bulbs, they could save nearly £100 a year – these lights were on usually for 15 hours a day, six days a week
- Some of the vending machines were actually costing them more to run in electricity than the cash return they got from the supplier from the sale of the drink cans! This was particularly crucial for those managers of smaller centres where the drinks machines were less in use.
- The small pool was only used for a few hours a day for teaching sessions so the halogen lighting could be switched off in this area when not in use - at the moment all the lights were on from 7.00am to 10pm every day!
- The radios were switched on in the staff locker rooms even though there were no staff present –another waste of energy!

CREATE can design training programmes to suit your requirements. For more information contact CREATE on 01942 322271 or e-mail info@create.org.uk